



Respite support for carers of frail elderly people and people living with dementia.

Overnight In-home Respite Care means now you can get help and support **overnight**, in your own home.

Brian needed a break.

Brian's wife Joan has dementia and needs 24 hour care. Brian has been looking after her for 3 years. He's done a great job but he's exhausted! Our Overnight Care provider spent a couple of nights staying in the home to look after Joan. It was the first real break Brian had had in 2 years. Now we provide Overnight Care for Brian once a week. He says he doesn't know how he survived without it.

What help is available?

Overnight and sleepover services are available between 9pm and 7am, or as otherwise negotiated.

We will work out with you how to best meet the individual needs of the person involved. In most cases this will be through HammondCare services, but if need be we can bring in additional support through other selected service providers.

Who can attend?

We offer respite for carers of older people including:

- Carers of older people living with dementia
- Carers of frail older people
- Carers of frail older Indigenous Australians
- Carers of older people from culturally and linguistically diverse backgrounds
- People who are financially disadvantaged

Like to know more?

Please call for more information regarding costs, eligibility and availability.

HammondAtHome

Central Coast 1300 337 970
South West Sydney 1300 902 887

HammondCare
Level 2, 447 Kent Street
Sydney NSW 2000
P 02 8280 8444
F 02 9267 3103
www.hammond.com.au



How do I apply?

If you are caring for someone who has dementia or is frail and elderly, you are possibly eligible for the National Respite for Carers Program (NRCP). For more information regarding cost, eligibility and availability, please phone us on:

Central Coast

1300 337 970

South West Sydney

1300 902 887

Care that can really make a difference.

"The HammondCare girls were the most caring and compassionate people, whose patience and good humour enabled my mother to stay in her home much longer than it would otherwise have been possible."

"I was nearly at my wit's end, I would have had a breakdown if the pressure of such an intense caring role had continued."