



Care partnerships that help older people remain in their own homes.

Home Care Packages seeking to give you choice.

What is a Home Care Package?

A **Home Care Package** is a coordinated package of services tailored to meet an older person's care needs. Home Care Packages provide older people with an alternative to moving from their home to a residential care facility. We will meet with you and develop a care plan tailored to your individual needs. This will allow us to provide a range of care services that can help you to remain in your own home for as long as possible. Levels of care differ depending on assessed need.

How do I get a Home Care Package?

If you think a Home Care Package might be helpful for you or someone you know, the person needing care first needs to be assessed by the local Aged Care Assessment Team (ACAT), contactable through your doctor or local hospital. You can also access contact details for your local ACAT by contacting My Aged Care on 1 800 200 422 or by visiting www.myagedcare.gov.au.

Referrals to the ACAT may come from older people themselves, their family or a doctor. Any older person who is having difficulty managing at home may be eligible for a Home Care Package. If assessed as eligible, and packages are available, a needs-based assessment is conducted by one of HammondCare's Client Liaison Managers who will work with you to tailor the package to meet your individual needs.

How can we help?

Our **Client Liaison Manager** will:

- Visit you at home to discuss your individual needs
- Work with you to develop a suitable care plan
- Talk with your family and friends, if desired
- Liaise with other services, as required
- Find and implement creative solutions
- Arrange ongoing support, to help you to remain at home for as long as possible.

Like to know more?

Please contact HammondAtHome for more information regarding services, costs, eligibility and availability.

HammondAtHome

P 1800 826 166

F 02 8572 9493

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Level 2, 447 Kent Street
Sydney NSW 2000
P 02 8280 8444
F 02 9267 3103
www.hammond.com.au



The support we will provide

Having discussed your needs with you, we will work with you to develop a care package suitable for you, within the scope of the program.

A HammondAtHome care worker may visit you at home and assist with day-to-day activities such as personal care, domestic assistance and transport to medical appointments.

If you require more extensive care, the Client Liaison Manager may refer you to a higher level Home Care Package, your GP, local hospital, or allied health services.

Where does HammondCare provide Home Care Packages?

Home Care Packages are provided by HammondAtHome in the following aged care planning regions of NSW:

- Central Coast
- Central West
- Hunter
- Illawarra (including Shoalhaven)
- Nepean
- Northern Sydney
- South East Sydney
- South West Sydney
- Southern Highlands (Eurobodalla and Bega Valley)
- Western Sydney

Care that can really make a difference.

Mrs Adams' son rang HammondAtHome to find out why his mother said no care workers came to her home. When we assured him that care workers attended twice a day for meals and medication, he rang his mother back. She insisted "there are no care workers – only my friends come to help me!"

"The HammondCare girls were the most caring and compassionate people, whose patience and good humour enabled my mother to stay in her home much longer than it would otherwise have been possible."