



Support for carers of frail older people and people living with dementia

Quality time for carers.

What is *In Home Respite*?

In Home Respite supports carers to have a break from their caring role, knowing that the person they care for is being well looked after.

Our trained and experienced care workers look after the person you care for at home; we may also arrange enjoyable outings, if appropriate.

HammondCare offers an individualised service that is flexible enough to meet your needs as the carer in addition to the needs of the person you care for.

How do I get *In Home Respite*?

Anyone who is caring for a frail older person or a person living with dementia may be eligible for In Home Respite.

If you would like to access In Home Respite, contact My Aged Care on 1 800 200 422 or visit www.myagedcare.gov.au.

How can we help?

Our Manager will:

- Meet with you to discuss your personal situation, needs and expectations of the service
- Discuss your role as a carer, to identify any issues or concerns
- Work with you to develop a suitable care plan according to your needs
- Provide helpful information to support you in your caring role

The support we will provide

Having discussed your needs with you, we will work with you to develop a tailored service for you and the person you care for, within the scope of the program.

The program supports carers to have a break from their caring role and to pursue opportunities including employment or study.

Like to know more?

Please call HammondAtHome for more information regarding costs, eligibility and availability.

HammondAtHome

P 1800 826 166

F 02 8572 9493

E gateway@hammond.com.au

HammondCare
Level 2, 447 Kent Street
Sydney NSW 2000
P 02 8280 8444
F 02 9267 3103
www.hammond.com.au



Where does HammondCare provide In Home Respite?

In Home Respite is provided by HammondAtHome in the following regions of NSW:

- Central Coast
- Hunter
- Northern Sydney
- South West Sydney

An Australian Government Initiative.

"I am grateful for HammondCare's In Home Respite service because it means that my wife is safe, loved and cared for during the days I can't be with her. While she is being cared for at home, I can stay active and enjoy time working at our family business."

HammondCare client

"Thanks to In Home Respite, each week I can plan to do something for myself. It has made a big difference to how I feel about my caring role."

